



How to find trustworthy care for your loved ones:

- ❖ **Be clear and honest about your needs** – there are plenty of home care companies out there, if one does not fit your needs, keep looking
- ❖ **Ask for references** – there is no better way to find out about a company or individual than to ask someone who has worked with them before
- ❖ **Allow plenty of time** – make sure you are not rushed in making a decision about who will be spending a significant amount of time with your loved one, this is a very important decision
- ❖ **Set up a time to discuss details in your home** – it is crucial, both for you and for the home care company that you meet for a consultation *in your home*, as this will allow both of you to ensure a good fit for your loved one
- ❖ **Interview the caregiver yourself** – you know your loved one better than anyone else, it is important that you have met, trust, and feel comfortable with the one who will be caring for your loved one
- ❖ **Trust your instincts** – if you are not 100% comfortable with and confident in the person and the company, then it's time to look elsewhere

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